



# INHALER TECHNIQUE

(Belgian Chocolate, French Champagne and Inhaled Medication: Too Good to Waste?)

**Monday 23 October 2017**

**7.30PM TO 9.30PM**

*(hot buffet served from 7pm)*

**Fairway Tavern, Welwyn Garden City, AL7 2ED**

**Monday 6 November 2017**

**7.30PM TO 9.30PM**

*(hot buffet served from 7pm)*

**Holiday Inn Hemel Hempstead, HP2 4UA**

## Agenda

19:00 – Registration & Hot Buffet

19:30 – Electronic Lungs, Carbon Footprints and Inhaler Designs – How things have changed! (Jon Bell)

20:30 – BTS/SIGN 2016 Updated Asthma Guidelines (Steve Webb)

21:00 – Your New Local Guidelines (CCG Representative)

21:30 – Meeting Close

This is a very “hands on” event. You will learn about the different mechanism of inhalers, better understand how inspiratory flow can affect drug delivery for different inhalers and apply that to practice. There will be an opportunity to practice your own technique using a variety of different devices including the Incheck device and an AIMS machine.

Main objective/learning is: Increase understanding of the differences between inhaler designs and how to explain appropriate technique to patients using knowledge of how the devices actually work.

*“NHS England have financially supported this event to deliver local support to pharmacy contractors when implementing the various programmes as detailed in the pharmacy transformation package”. GSK are funding the speaker and have had no input on the development of the agenda.*



These events are sponsored by

To book your place at the above event email the date of your preferred event, your name and the name of your pharmacy to [info@hertslpc.org.uk](mailto:info@hertslpc.org.uk).

At each of these workshops Jon Bell of Canday Medical Ltd will provide an overview of the skills required to support respiratory patients to manage their condition and maximise the patient’s quality of life.

Jon will present: -

The key science explaining the differences between the two main types of inhaler (DPI and MDI-type)

How simple physics helps us understand why speed of inhalation, particle size and breath-hold affect the deposition of the inhaled treatment

Provide feedback on how much effort is needed for optimal pulmonary deposition using different types of inhaler

Jon Bell has had an article published “Why optimize inhaler techniques in asthma and COPD”

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