

Free and confidential Emergency Contraceptive services for Under 25s



If you are unable to provide emergency contraception to a young person, below are a range of services that you can refer to across Hertfordshire.

1) Pharmacies

Some local pharmacies continue to offer free oral Emergency Contraception to under 25s. To find out where they are click [here](#).

2) Sexual Health Hertfordshire (SHH)

[Sexual Health Hertfordshire](#) offer a range of free and confidential services including pregnancy testing, emergency contraception and testing for STI's for young people living in Hertfordshire

3) On-line

Order free and confidential emergency contraception pill via [SH:24](#)

***If the young person is under 18 or unable to use online services, please call 0300 008 5522**

4) General practice (GP)

Patients can access emergency contraception from their GP practice

If making any referral on behalf of a young person, contact the services in advance to see if they are open and the appropriate staff are available to offer support.

Free Walk-in clinics for young people provided by SHH every:

- Tuesday 4pm to 6.30pm at Stevenage and Hatfield
- 4pm to 6.30pm at Watford

Call **0300 008 5522** or click [here](#) for more information

Further Online services available to Hertfordshire residents

SH:24 provides a range of free online services to residents age 16 years or older:

- **Contraceptive pill:** order on-line via [SH:24](#)
- **Testing for STIs with no symptoms:** order a free test via [SH:24](#)
- **HIV Testing:** order online from [Free Testing HIV](#)

Hertfordshire County Council

interactive map shows a range of sexual health services for 16 years and above.

Click [here](#) to visit the map

Young People can also ask questions about sex and relationships via the Sexual Health texting service on **07860 057 369** or visit [Services for Young People](#) for further information. The Public Health Nursing Team also provide a confidential 'chat health' texting service: **0748 063 5050**