

COVID 19: next steps for health and wellbeing

Wednesday 7th July 2021 - 10am – 12pm. This is an online event which will be held via zoom.

During this mater class we will:

- Share research findings on the impact of COVID-19 on people's health and wellbeing
- Highlight the local initiatives to support individuals leading them to better health and wellbeing

Co-Chairs:

Dr Zoe Aslanpour, Consultant in Public Health, University of Hertfordshire

Dr Michelle Constable, Head of Behaviour Change Unit, Public Health, Hertfordshire County Council

Cllr Morris Bright – welcome from the new Executive Member for Public Health and Community Safety, Hertfordshire County Council

Jim McManus – welcome from the Director of Public Health, Hertfordshire County Council

Programme and Speakers

Impact of COVID-19 on our lifestyle – Dr Lindsay Kass, University of Hertfordshire

Impact of COVID-19 on adults and young people – Dr Sarah Perman, Deputy Director of Public Health, Hertfordshire County Council

COVID-19 champion programme – experiences shared from a COVID champion – Kate Belinis, CEO, CDA Herts (Community Development Action)

Healthy Hubs – supporting residents through COVID-19 – Fiona Deans, Health Improvement Lead, Hertfordshire County Council

Impact of COVID-19 on young people and the role of 'Just Talk' Ambassadors – Jen Beer, Health Improvement Lead, Hertfordshire County Council

Co-Production: the best way to engage teens – Stuart King, CEO BeeZee Bodies and Meg Allen, BeeZee Bodies

COVID-19 next steps – policy recommendations for supporting health and wellbeing – pe-recording by Dr Claire Thompson, University of Hertfordshire (*this will be uploaded following the event*)

This event is free for all relevant professionals working in Hertfordshire, whether statutory, private or voluntary sector. This session is aimed at: voluntary and community sector organisations, local authorities, public health workforce and health professionals, including mental health services and SME's. Academics and researchers (including from nutrition, dietetics, public health, psychology, behavioural and social sciences, primary care, pharmacy)

To register, or to find out further information

please visit the [Eventbrite page](#) (password:publichealth123)

Please direct any queries regarding this event to

publichealth@hertfordshire.gov.uk