

### CPPE supporting you and your professional development during 2023!

We would like to wish all our colleagues a healthy and happy start to the new year.

#### Workshop delivery; online and face to face

There are plenty of topics to choose from with our online workshops running through from January to March 2023, including our new topic on ***Opioid deprescribing in chronic pain*** Focal Point.

As COVID and influenza continue to put significant strain on the NHS this winter, the Vaccine hesitancy focus: health inequalities Optimise workshop empowers pharmacy professionals in ensuring vaccination programs reach all. It helps with words and phrases to build rapport with and support people in making informed decisions about having a vaccination.

One recent participant said: “*The understanding of hesitancy I now have means within my practice I feel equipped to help provide evidence based information, in a format appropriate to the person I am talking to.*”

There are still a few spaces for the Type 2 Diabetes: supporting better outcomes Focal Point workshop. This workshop facilitates pharmacy professionals in supporting people with type 2 diabetes to optimise their medicines and to empower them to self-manage their condition.

**Inhaler training – face to face** - We are excited to be able to deliver face to face events and will be running the **Optimising inhaler technique: improving outcomes** on **21<sup>st</sup> February 2023 in Hatfield** – [booking link](#). All healthcare professionals who come into contact with people who are using inhalers should be able to check inhaler technique and provide advice to improve the use of inhaled medicines. This is a hands on workshop and is also an option to meet part of the Pharmacy Quality Scheme 2022/2023 for community pharmacists as part of the respiratory domain.

We are currently working on our plan for workshops for our spring/summer semester. Workshops will be open for booking **16 February 2023**. New workshop topics will include *Familial Hypercholesterolaemia* and *Frailty*.

#### Accuracy checking pharmacy technician (ACPT) programme

CPPE is delighted to be continuing the provision of the ACPT programme, and applications are now open.

We are proud to have been supporting pharmacy technicians through our ACPT programme since 2017. So far, over 1000 pharmacy technicians working in community, hospital and secure environments have been supported by the programme.

The programme aims to support pharmacy technicians to:

- develop the skills required to be a safe final accuracy checking pharmacy technician
- improve leadership skills to direct the dispensary team
- support the multi-disciplinary team to deliver patient-facing services.

For further information, click [here](#).

### NHS Funded leadership programmes for pharmacy technicians

Health Education England and the NHS Leadership Academy announce that applications for the Mary Seacole and Rosalind Franklin programmes starting from February 2023 are now open. 55 places on the Mary Seacole programme and 12 places on the Rosalind Franklin programme will be available to pharmacy technicians who meet the required eligibility criteria:

1. GPhC registered pharmacy technician working in any sector in England
2. At least two years post qualification
3. Mary Seacole - first time leader in health and care in a 'formal' position of leadership with responsibilities for people and services. This may include the following, as an example:
  - Line managing staff
  - Supervising trainees
  - Day to day management of the dispensary, pharmacy, or your area of work, including allocating work and / or co-ordinating rotas
  - Problem solving / managing complaints
  - Managing projects
  - Liaising with different healthcare professionals
  - Initiating or contributing to change in the workplace

Rosalind Franklin - mid-level leader aspiring to lead large and complex programmes, departments, services, or systems. For further information about NHS Leadership academy programmes, click [here](#).

Visit the [Develop your leadership, business skills and personal development](#) pages of the CPPE website for CPPE leadership programmes and other learning resources.

### Newly Qualified Pharmacist Programme – cohort 4

Applications for Cohort 4 will open on 02 January 2023, and close on 13 March 2023, with the Cohort to start on 27 March 2023. For further information and to register for the programme, click [here](#).

### New learning programmes

- **Over the counter desogestrel progesterone only pills case study** - This programme supports pharmacy professionals selling the desogestrel progestogen-only pill over the counter. The programme covers key messages about long-acting reversible contraception and prevention of sexually transmitted infections, as well as factors that may be important to patients, all in a short e-learning.

### Recognition of CPPE's sustainability work

In the last month, CPPE's work on sustainability has been recognised in the University of Manchester School of Health Sciences newsletter. We also got a shout out on the Journal Spotting podcast on Pharmacy and Climate Change. In October, CPPE supported the Sustainability in Education online conference, hosted by Pharmacy Declares and also supported by the Guild of Healthcare Pharmacists. The conference is available to view on the [Pharmacy Declares](#) website.