

Training Dates 2023/2024

Please book on to one of Hertfordshire Health Improvement Services (HHIS) courses:

- Making Every Contact Count (MECC) Plus Training
- MECC Training
- MECC Lite Training

Training dates and how to book on to training courses are outlined below:

Follow this link to register for any of our training:
[MECC Training Registration \(hertfordshire.gov.uk\)](https://hertfordshire.gov.uk)
 For further information please contact HHIS: Call 01442 453 071 or email:
HealthImprovementService@hertfordshire.gov.uk

MECC Training

Overview: To support individuals to initiate healthy conversations and behaviour change techniques.

MECC Plus Training:

Date(s)	Venue	Time
Thursday 17 th August 2023	F2F (Farnham House, Stevenage)	10:00 – 16:30
Thursday 14 th December 2023	F2F (Apsley, Hemel Hempstead)	10:00 – 16:30

MECC Training:

Date(s)	Venue	Time
Thursday 22 nd June 2023	F2F (County Hall, Hertford)	9:30 – 13:00
Tuesday 14 th November 2023	F2F (Farnham House, Stevenage)	9:30 – 13:00

MECC Lite Training:

Date(s)	Venue	Time
Thursday 13 th July 2023	F2F (Farnham House, Stevenage)	9:45 – 11:30
Thursday 23 rd November 2023	F2F (Apsley, Hemel Hempstead)	9:45 – 11:30

HHIS require 48 hours minimum for cancellations due to increasing demand and capacity of the courses. This allows the opportunity to offer the space to those on the waiting list on a first come first serve basis.

Additional available HHIS MECC training:

- HHIS Fun & Interactive Online Avatar Training www.keelevp.com/mecclifestyle
- Non -NHS Staff can access the MECC eLearning at available at: <http://www.e-lfh.org.uk/programmes/making-every-contact-count/>