



Sexual Health and Wellbeing

Master Class

Tuesday 21st November 2023,

10am – 12.15pm

(this is an online event via Zoom)

Sexual health is an important area of public health. The sexual health needs for residents must be met through the use and development of relevant services that are in line with national and local policies and targets.

It is important for service provision to be consistent, evidence-based and delivered in a variety of clinical and community settings so that all individuals can have access to a range of services to meet their needs.

Learning Outcomes: During this masterclass we will share knowledge and experiences of providing sexual health education, prevention, intervention and services alongside research to help inform your understanding and work. Attendees will be encouraged to think about:

- Influences on our sexual health and wellbeing
- Different sexual health needs and outcomes of particular individuals and groups
- Current interventions and approaches to improve sexual health across the life course

Attendees will gain knowledge of current evidence on condom use and improve their understanding of inclusive approaches to provide sexual health interventions to older adults.

Chair:

Professor Katherine Brown, Professor of Behaviour Change in Health, Centre for Research in Psychology and Sport Sciences, School of Life and Medical Sciences, University of Hertfordshire

Presenters:

Rob Bacon, Sexual Health Lead, Hertfordshire County Council

Brook Charity, supporting people with their sexual health and wellbeing

Faridah Tucker, Metro Charity

Dr Katie Newby, Associate Professor in Research, Centre for Research in Psychology and Sport Sciences, School of Life and Medical Sciences, University of Hertfordshire

Dr Gemma Spiers, Senior Research Associate, Older People and Frailty Policy Research Unit, Newcastle University

This event is free for all relevant professionals working in Hertfordshire, whether statutory, private or voluntary sector and is aimed at Service Providers, Commissioners, researchers and students interested in sexual health and how they can integrate appropriate interventions in their work and/or service.

To register

[Sexual Health & wellbeing masterclass](#)

Please direct any queries regarding this event to
PHL&D@hertfordshire.gov.uk

