

#### A new year - 2025!

From all of us at the East of England team may we wish you a happy and healthy start to the new year. We look forward to continuing to support you with your professional development and will keep you informed of learning programmes including what is new and upcoming!

### **Online workshops**

There are plenty of opportunities for completing some CPD for the start of 2025 with a chance to join your peers online and learn together at an online workshop. Topics taking place during January to February include:

- Asthma: optimising adherence to medicines
- · Atrial fibrillation: improving detection and person-centred care
- Familial hypercholesterolaemia: supporting people better
- Hypertension
- NHS Pharmacy First: clinical assessment essential skills
- Type 2 Diabetes supporting people better
- Valproate: the hard conversations

- click here to access details and dates of all online workshops.

### Spring semester – April – September 2025

We are currently in the final planning stages of both online and face to face events for the spring semester of 2025 and these will go live on 13 February 2025

### **New learning programmes**

Whether you are just starting out in delivering the service or have been doing so for some time, consider signing up to our newly-launched <a href="NHS Pharmacy First: Delivering a quality service e-learning">NHS Pharmacy First: Delivering a quality service e-learning</a>. The programme includes a range of relevant case studies, guidance, and tips and perspectives from pharmacy professionals, primary care clinicians and people who have used the Pharmacy First service. You should walk away more confident and better equipped to deliver the Pharmacy First service.









#### Did you know?

We have now developed a suite of Podcasts covering a range of topics.

Dive into the world of pharmacy with <u>Pharmacy Conversations</u> – a CPPE podcast series dedicated to bringing you insightful discussions with leading experts and innovators who are shaping the future of our profession. Each episode covers a range of topics critical to the evolving role of pharmacy professionals, including leadership, patient safety, prescribing, and much more. In the latest episode released on 13<sup>th</sup> December, hosts Jo Lane and Sejal Parikh explore the critical topic of patient safety with a focus on the medicines valproate and topiramate. They are joined by Tony Jamieson, a leading figure in patient safety at NHS England, and Shy Teli, who has been instrumental in developing educational resources around the safe use of valproate.

### NHS Pharmacy Contraception Service – new resources to support with delivery of the service

- Face to face workshop NHS Pharmacy Contraception Service: delivering effective consultations to initiate oral contraception Community Pharmacy England approached CPPE to deliver some collaborative workshops to support community pharmacists with increasing their confidence around initiating of contraception. Several ICS / Community Pharmacy Locals in the region have been collaborating with CPPE to run some of these workshops across the region.
- NHS Pharmacy Contraception service (PCS) postworkshop panel discussion

This webinar is a panel discussion lasting for one hour including representatives from NHSE, Community Pharmacy England (CPE) and pharmacists delivering the contraception service to answer any questions that were raised during the face-to-face workshops that link to best practice service delivery. The sessions are open access and are available to all pharmacy professionals involved in service delivery and are being recorded to support service delivery moving forwards.

• **Video montages** - We asked pharmacy professionals and service users to share what is good about the service, challenges that have been overcome in delivering this service, and their top tips for delivering a successful service. Click on each of the videos on the <a href="NHS Pharmacy Contraception Service learning gateway page">NHS Pharmacy Contraception Service learning gateway page</a> of the CPPE website to listen to what they have to say.

### Sign up to our mental health e course

Our <u>Mental health</u> e-course will equip you with the in-practice knowledge and skills you need to support people with mental health conditions. Taking part will help you to feel more confident in advising and delivering a high quality service to these often vulnerable people.



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During the course you will complete eight units including reading, activities and discussions forums, all designed to augment and expand your knowledge. The course starts on 6 January 2025 and will run for eight weeks. The time commitment for each week is approximately 5-6 hours. Book your place <a href="here">here</a> by 12 January 2025, when enrolment closes.

### Celebrating diversity and cultural learning

Every month, we publish an article on the <u>CPPE news page</u> of our website, celebrating diversity and highlighting how forthcoming celebrations and festivals can impact on pharmacy practice. For example, how should pharmacists take fasting during religious festivals into account? Or how do cultural practices affect medicines use? Read the <u>January</u> article.

#### **Preparing for the future: Pharmacy Technicians**

We can help pharmacy technicians to prepare for the future in handling patient group directions and service development. Our e-learning programme <a href="Pharmacy technicians: using patient group">Pharmacy technicians: using patient group</a> directions in practice and e-learning for healthcare's <a href="Patient group directions">Patient group directions</a> are both available now.

### Community pharmacy technician: advancing your role: CPPE.

Our funding for this programme has been extended to March 2025 for 80 places. This programme is also open to pharmacy technicians working in the Health and Justice sector.

#### Webinar available!!

We are running another information webinar for CPTAYR on Tuesday 14th January 7.30pm To register your place: <a href="https://cppe.zoom.us/webinar/register/WN">https://cppe.zoom.us/webinar/register/WN</a> bK3GjsLxRKmhmJNj0sxgcw [cppe.zoom.us]

### Accuracy checking pharmacy technician programme (ACPT)

A total of 80 NHS-funded places are available, with 10 places on the course each month. NHS England funding for places on the ACPT programme will end when all 80 places have been allocated or by the end of March 2025. 50% of the funding has been allocated for community pharmacy and 50% for other sectors.

Check the entry criteria here.







### **Newly Qualified Pharmacist Programme**

Registration for the next cohort opens 13 January 2025.

The *programme* is for pharmacists who are registered with the GPhC from 2022 onwards and are employed or locuming in any of the following settings as their main role:

- Community pharmacy (except Boots)
- Integrated care boards
- Community health services
- Health and justice
- General practice
- Care homes
- Pharmacists who registered before 2022 who are returning from a career break are also eligible to apply.

Register here.

### **Primary Care Pharmacy Education Pathway (PCPEP)**

Registration for the next cohort (19) opens 20 January 2025.

Pharmacy professionals who are currently eligible for a NHS England funded education pathway place are:

- Pharmacists and pharmacy technicians who have been recruited as part of the primary care network Additional Roles Reimbursement Scheme
- Pharmacists and pharmacy technicians working in the Health and Justice sector

A reminder that a limited number of places may be available in each cohort for pharmacists and pharmacy technicians who are working in general practice or care homes but are not in a NHS England ARRS funded role. Applicants can apply now but applications will only be approved about two weeks before the cohort starts if there are places remaining.



