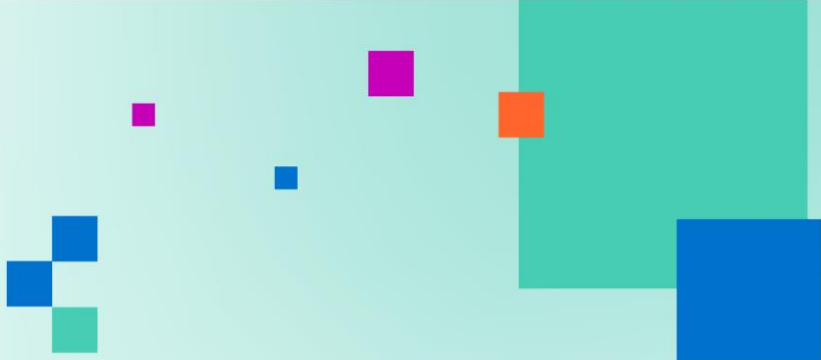


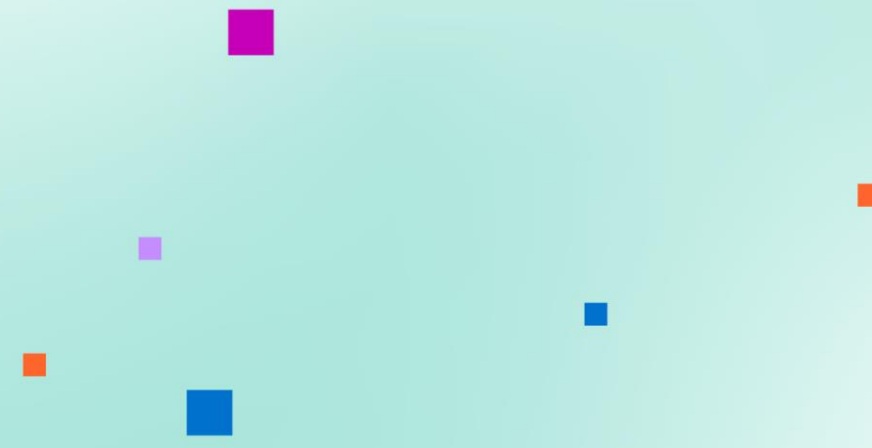
Training in a box resources

Key Information for a Pharmacist / Pharmacy Support role on providing Pharmacy First, Contraception and Hypertension services.



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Hypertension Case-Finding (HCF)

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Providing Blood Pressure Checks

Service Checklist:

Equipment: Ensure that you have a working validated clinic blood pressure monitor. ✓

Consultations: Ensure there is a quiet, discreet area or consultation room where this service can be conducted. ✓

Identification: Understand who the service is for; Patients over the age of 40 who are not already on blood pressure medication are eligible for the service. ✓

Resources: Have copies to hand which can be referred to of the pathway and flowcharts to help guide you once the readings have been taken. ✓

Top Tips:

Signposting: It is key that posters are displayed at the front of the pharmacy as well as in other areas inside the pharmacy to raise awareness to patients that this service is available for free.

Encouraging Patient Uptake: Some patients may be in a rush and not have the time to do their readings there and then. Appointment bookings can be a useful tool to encourage patients to return at a time that suits. ✏️
Another way to highlight this service to the patient is marking prescriptions of those who meet the criteria for the service, Pharmacy Support staff can then ask the patient if they would be interested in the service on collection of their prescription items. 📄

★ One blood pressure check provides the pharmacy with **£15!** ★

Pharmacy Support Staff:

Pharmacy support staff can be key in easing the pressure and saving time when providing this service. It is Pharmacist discretion, but training support staff can help to provide a more efficient and impactful service to patients.

Ways support staff can get involved:

- Learning the criteria for the service and signpost patients at the counter.
- Take Blood pressure readings of the patient and refer to the Pharmacist on completion.
- Sharing information and informative materials to patients about the service.
- Engaging with patients who meet the criteria when they collect their prescriptions.



[Visit our website for further resources](#)



[CPH Hints and Tips](#)
[Costing Tool Template](#)
[Fee Schedule](#)
[CPE Website](#)

Providing the ABPM Service

Please Note:

Ambulatory monitoring should be provided as part of the Hypertension case finding service if a patient presents with high blood pressure via a normal BP reading. The pharmacy should have a machine on site as per the service specification outlines.



Why ABPM Monitoring Is Important

- ABPM is the gold standard for diagnosing hypertension.
- It provides an accurate picture of what the patients blood pressure is over a longer period of time.
- It demonstrates a number of patterns of blood pressure behaviours that may be relevant to clinical management.

Encouraging Patients

Patients may be reluctant to participate in the ABPM service due to the monitor being on for an extended period or that they feel they would prefer to visit the GP for this service.

It's important to make patients aware that their results are shared directly to their GP when their data is downloaded. Please also refer to the top tip beside this box for tips on how to reduce the time patients wear the monitor. →

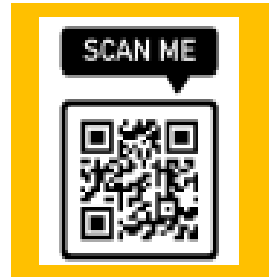
★ Pharmacies receive a **£45** payment on completion of this service. ★

TOP TIP

ABPM monitoring can be completed within 7 hours!

14 Readings can be set at 30-minute intervals. The monitor can be fitted to the patient when the pharmacy opens and returned before closing time.

To Access more information, visit the CPH Website



[Hints and Tips](#)

[NHS Guide For Patients](#)

[NICE Guidance](#)

[CPE Webinar](#)

[CPE Guidance](#)

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Pharmacy First (PF)

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Pharmacy First 7 Clinical Pathways

Clinical Pathway	Age Range	Equipment Required	
Sinusitis	12 years and over	n/a	
Uncomplicated UTI	Women aged between 16-64	n/a	
Shingles	18 years and over	n/a	
Acute Otitis Media	1 to 17 years	Clinical Otoscope, Torch and gloves	
Sore Throat	5 Years and over	Tongue Depressor and gloves	
Infected Insect Bite	1 Year and over	n/a	
Impetigo	1 Year and over	n/a	

FAQ

Q. Can remote Pharmacy First consultations be provided by a pharmacist who is not present on the Pharmacy premises?

A. No. Pharmacists who are providing the service must be on the pharmacy premises when providing a remote consultation to a patient.



Stay Up to date with the latest Monthly **threshold** to make the **£1,000** payment.



Signposting Patients

Making patient aware of the service is key to creating awareness as well as help toward hitting your monthly threshold. A few ways to encourage this is by:

- Training pharmacy support staff to recognise and ask key questions to signpost patients to the service will help spread the word.
- Providing visual promotional aids or QR codes which provide more information can help the patients understand the purpose of the service.
- Sharing availability of appointment bookings/waiting times will encourage patients to return if they are in a hurry or wish to consult the GP surgery first.

Useful Resources

[Free Promotional Resources](#)

[Service FAQ's](#)

[Myth Busting Series](#)

[Hints and Tips](#)

[Pharmacy First Tutorials](#)

[Service specifications / PGDs](#)

[HWE Training Hub](#)

GP Practice Referrals

GP Surgeries can refer patients to your pharmacy for one of the Pharmacy first Clinical Pathways. You can Inform your local surgeries to refer to the Pharmacy First Service by referring to the [GP Practice](#) team guide.

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Contraception (PCS)

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National Contraception Service (PCS)

Inclusion Criteria

- **Combined Oral Contraceptive (COC):** From Menarche (Girls first period) until the age of 49.
 - **Progestosterone Only Contraceptive (POP):** From Menarche up to and including 54 years or age.
- Please Note: Girls below the age of 16 who meet the inclusion criteria should be assessed following the [Fraser guidelines](#).

FAQ's

Q. Can supply of the oral contraceptive be given to an individual if they are not using it for contraceptive purposes?

A. No. This service is to supply contraception to those who meet the inclusion criteria. This does not include patients who use contraception for Acne or for the management of bleeding.

Q. Does the patients GP need to be informed of the consultation outcome?

A. If the patient provides consent to share the outcome of the consultation this should be shared with their GP via secure NHS mail or another secure digital platform i.e. PharmOutcomes.

Top Tip

Weight and height checks can be carried out by Pharmacy support staff ahead of the consultation with the pharmacist.

To Access more information, visit the CPH Website

SCAN ME



Useful Resources

[Hints and Tips](#)

[CPH Contraception Webinar](#)

[UK Mec Calculator](#)

[Free Promotional Materials](#)

[HWE Local Formulary](#)

[Fee Schedule](#)

Scheduling Appointments where possible to avoid patient waiting times will encourage patients to use this service.



Completion of a PCS consultation provides the pharmacy **£18!**

