

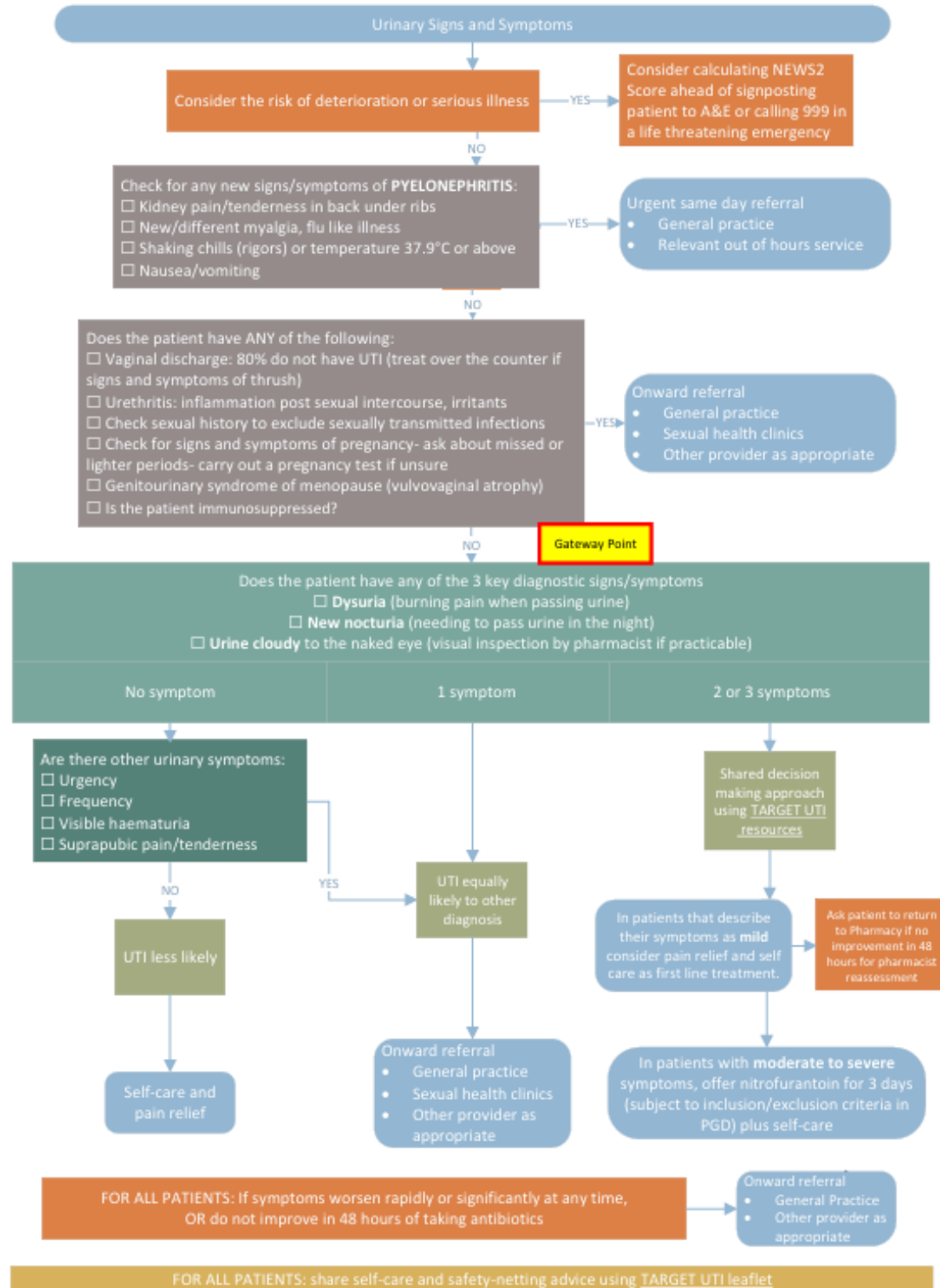
V1.6

Clinical Pathways valid until 11:59pm 30 Sept 25



Uncomplicated Urinary Tract Infection (For women aged 16 to 64 years with suspected lower UTIs)

Exclude: pregnant individuals, urinary catheter, recurrent UTI (2 episodes in last 6 months, or 3 episodes in last 12 months)



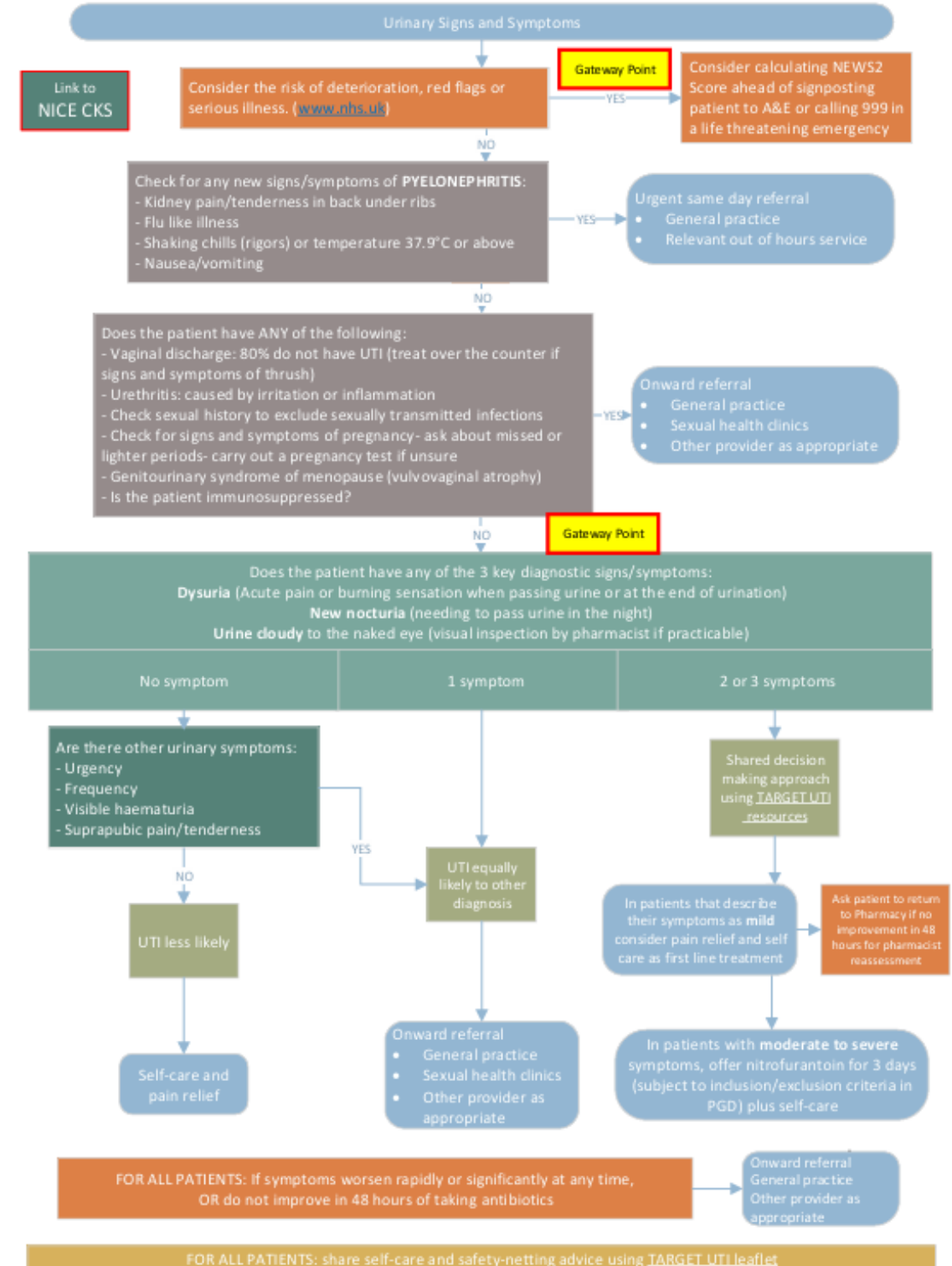
V2.5

Clinical Pathways from 01 Oct 25



Uncomplicated Urinary Tract Infection (For women aged 16 to under 65 years who do not have diabetes with suspected lower UTIs)

Exclude: pregnant individuals, urinary catheter, recurrent UTI (2 episodes in last 6 months, or 3 episodes in last 12 months)



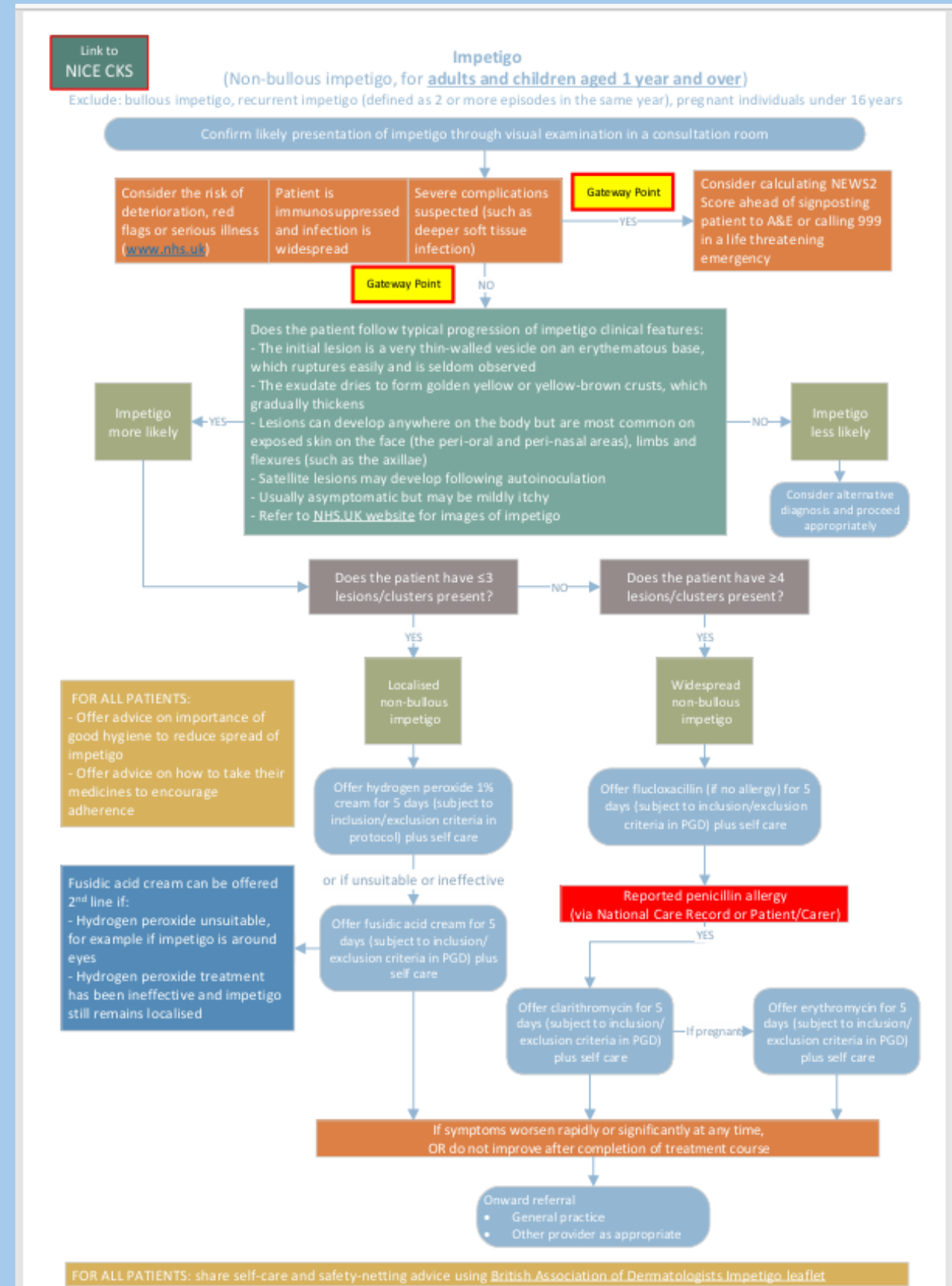
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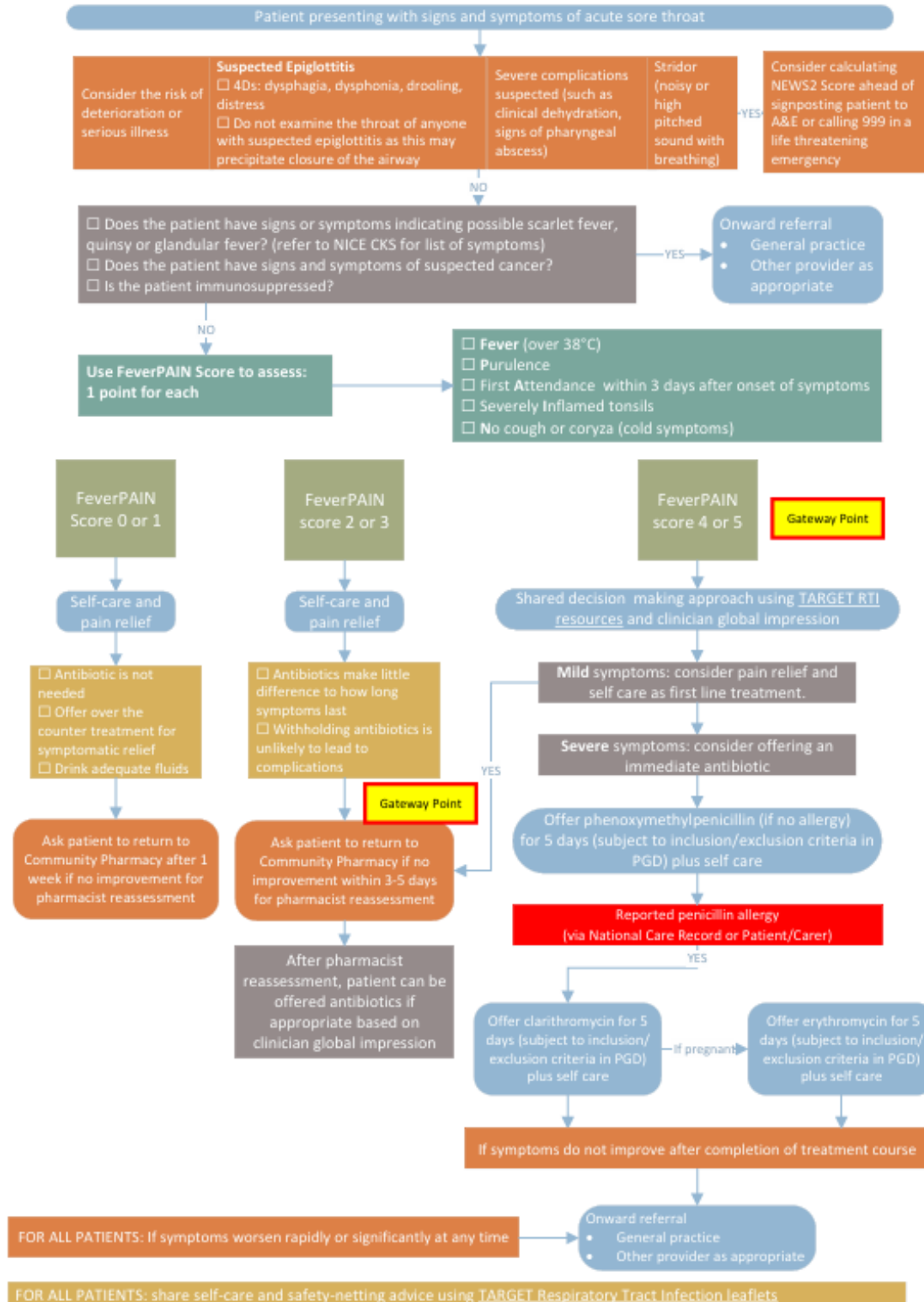
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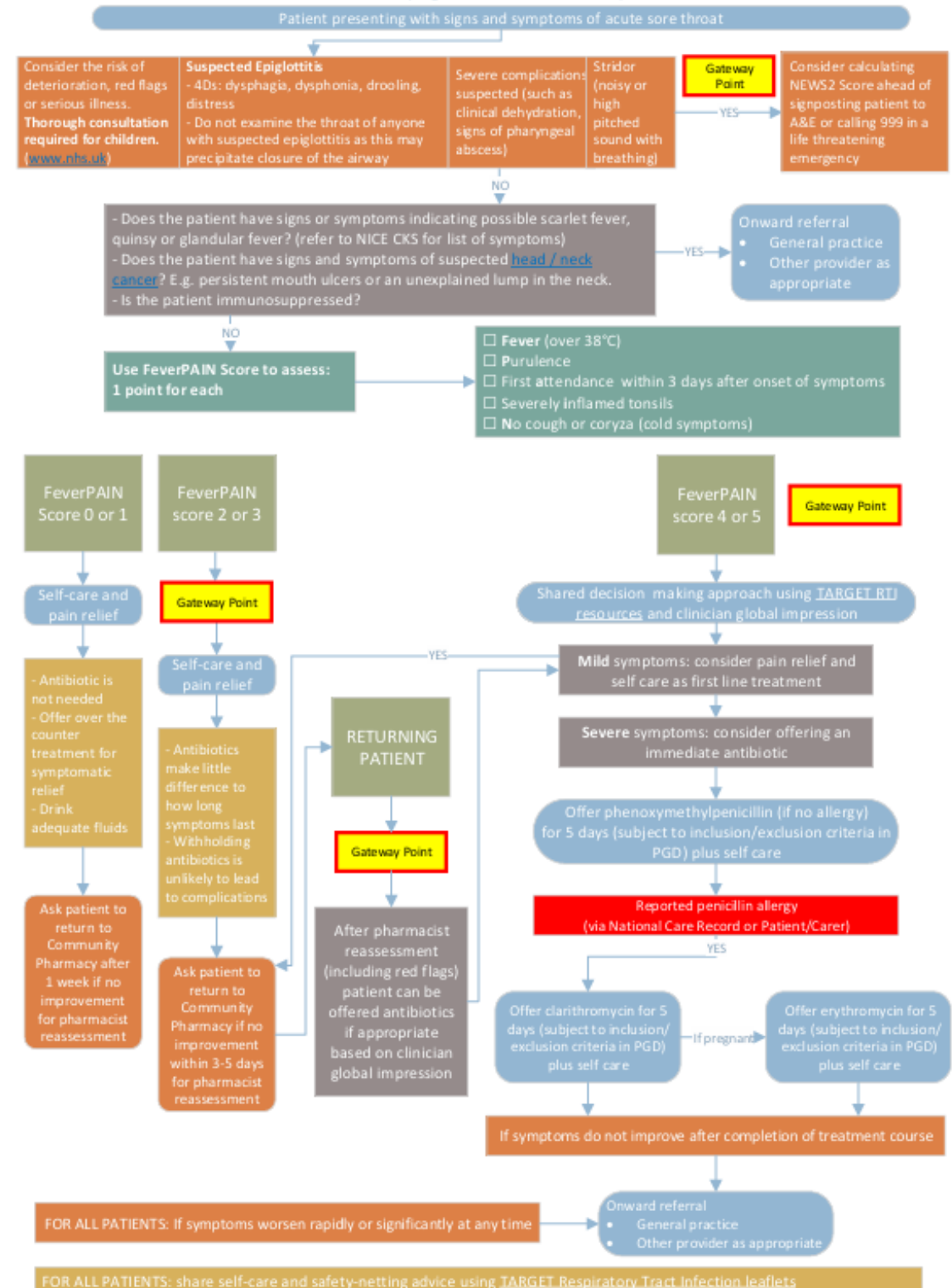
Acute Sore Throat (For adults and children aged 5 years and over)

Exclude: pregnant individuals under 16 years



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**NHS
England**

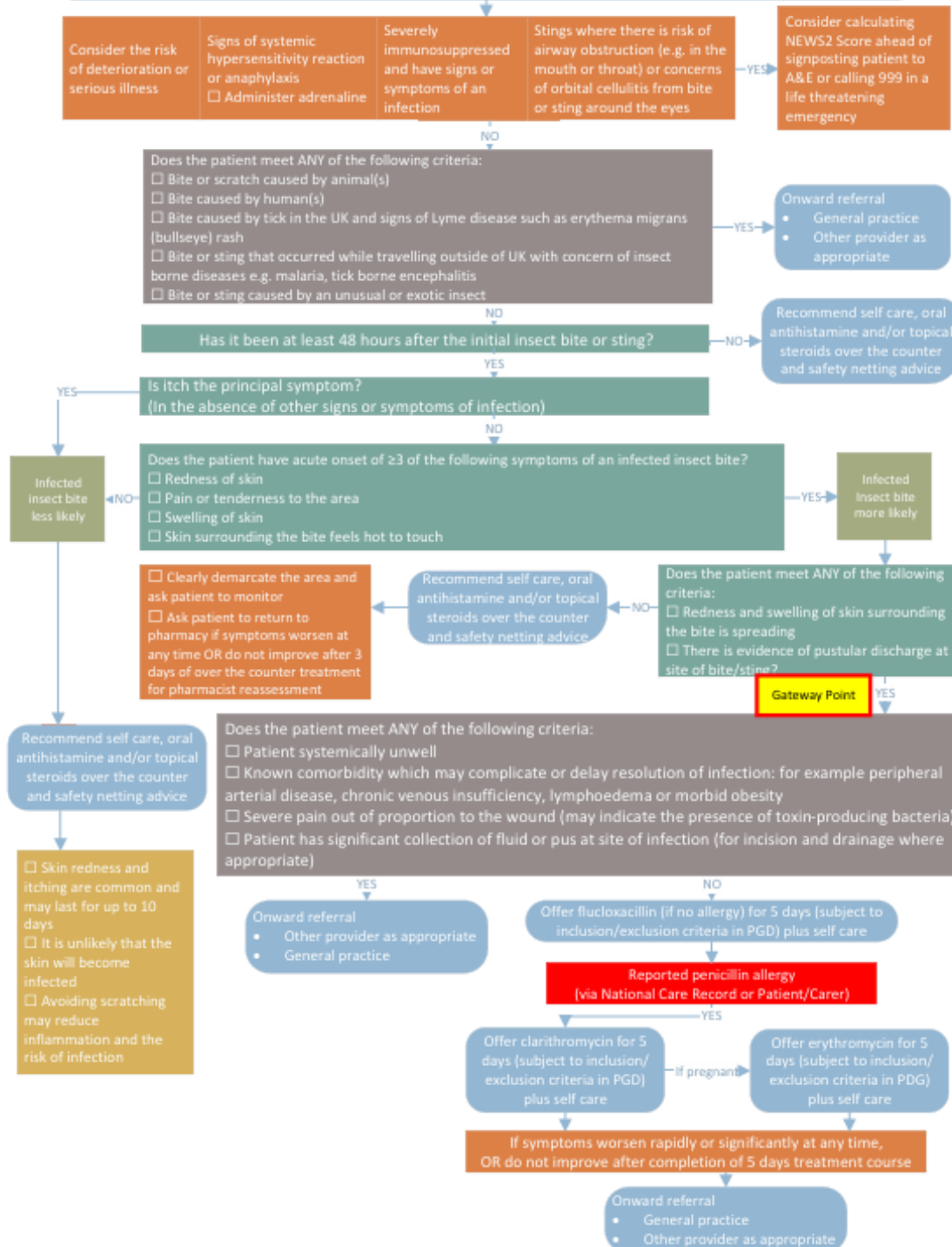
Infected Insect Bites

(For adults and children aged 1 year and over)

Exclude: pregnant individuals under 16 years

Do not offer an antibiotic if there are no signs or symptoms of infection. Be aware that a rapid-onset skin reaction to insect bite is likely to be an inflammatory or allergic reaction rather than an infection. Most insect bites and stings are not serious and will get better within a few hours or days, and do not need treatment with antibiotics.

Patient presenting with signs and symptoms of infected insect bite



V2.5

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Link to
NICE CKS

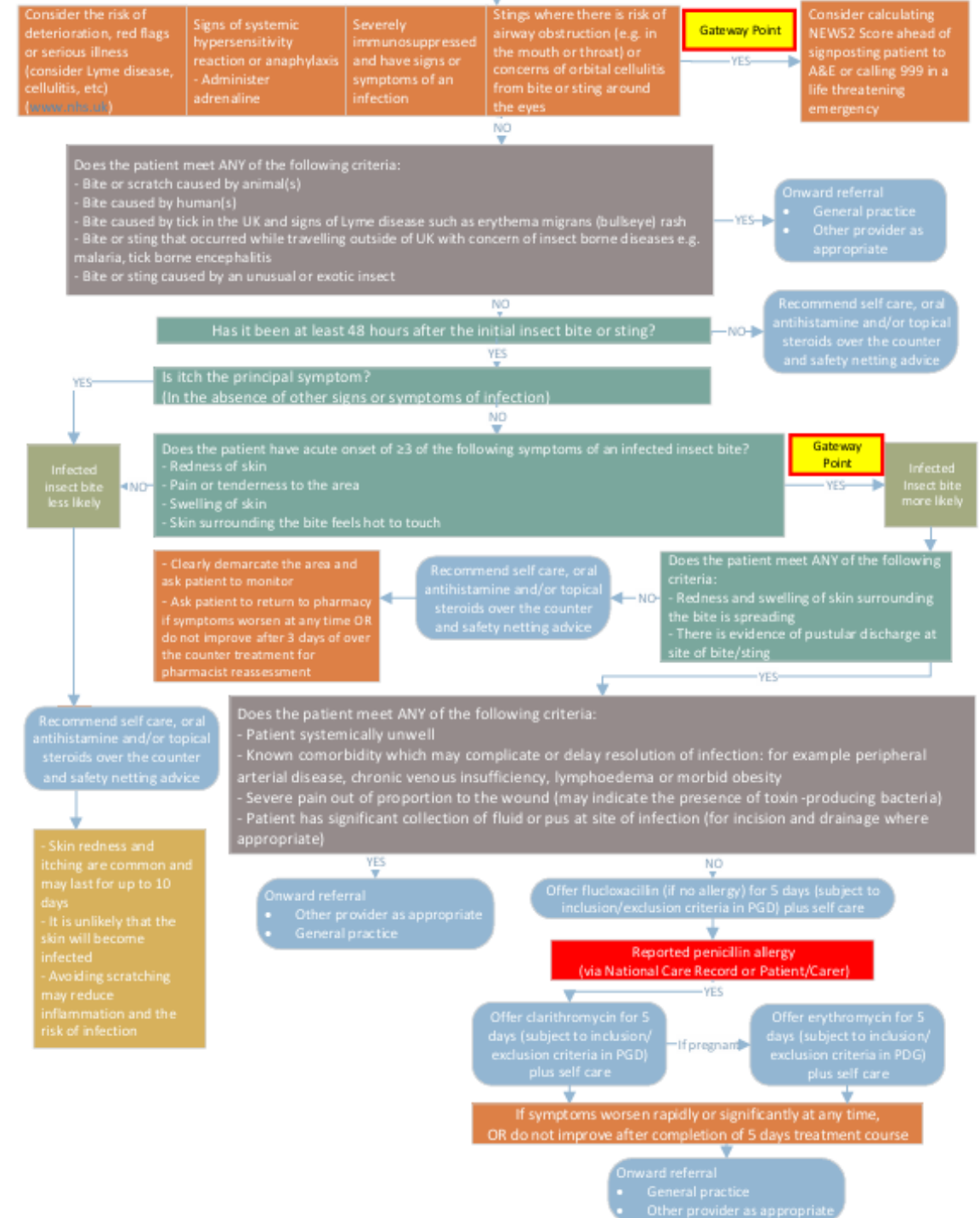
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Consider likelihood of Lyme disease (Tick bites – painless and can go unnoticed). Erythema Migrans rash may be indistinguishable from other insect bites. *(see also the red flag signs)*

Patient presenting with signs and symptoms of infected insect bite



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Acute Sinusitis

(For adults and children aged 12 years and over)

Exclude: immunosuppressed individuals, chronic sinusitis (sinusitis that causes symptoms that last for more than 12 weeks), pregnant individuals under 16 years
Acute sinusitis is usually caused by a virus and is only complicated by bacterial infection in about 2 in 100 cases. It takes 2–3 weeks to resolve, and most people will get better without antibiotics. Please share NICE information for the public.

Patients presenting with signs and symptoms of acute sinusitis



FOR ALL PATIENTS: share self-care and safety-netting advice using TARGET Respiratory Tract Infection leaflets

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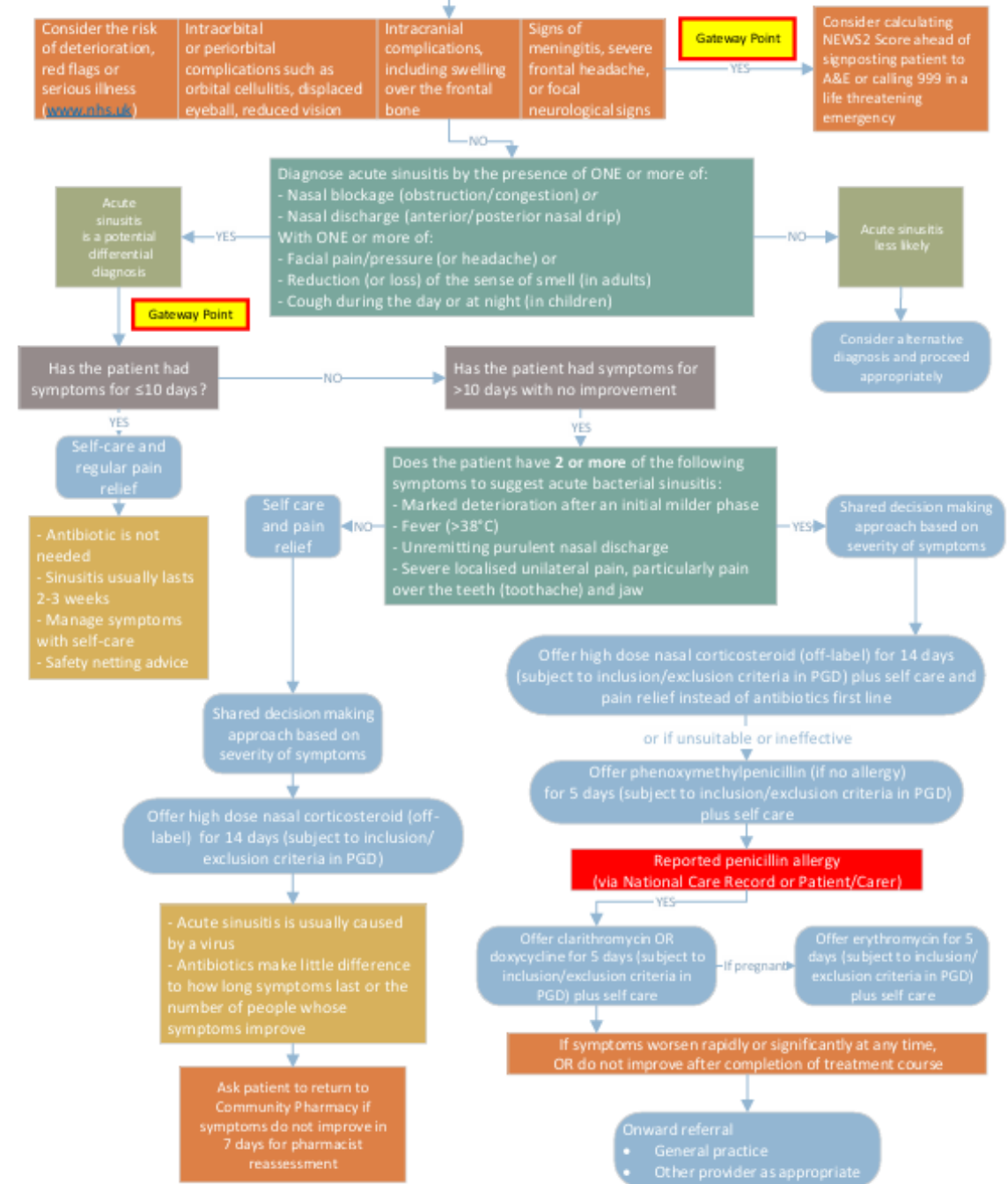
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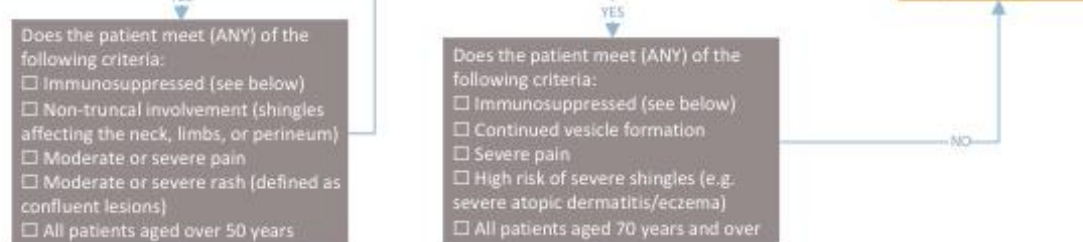
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Shingles
(for adults aged 18 years and over)
Exclude: pregnant individuals

Diagnose shingles on the basis of typical clinical features



FOR ALL PATIENTS: If symptoms worsen rapidly or significantly at any time, OR do not improve after completion of 7 days treatment course

FOR IMMUNOSUPPRESSED PATIENTS:

- Offer treatment if appropriate and call patient's GP or send urgent for action email if out of hours to notify supply of antiviral and request review by GP
- Advise patient, if your symptoms worsen rapidly or if you become systemically unwell or the rash becomes severe or widespread - attend A&E or call 999

FOR ALL PATIENTS:

- Share self-care and safety-netting advice using British Association of Dermatologists Shingles leaflet
- For pain management recommend a trial of paracetamol, a NSAID such as ibuprofen, or co-codamol over the counter. If this is not effective, refer patient to general practice
- Signpost eligible individuals to information and advice about receiving the shingles vaccine after they have recovered from this episode of shingles

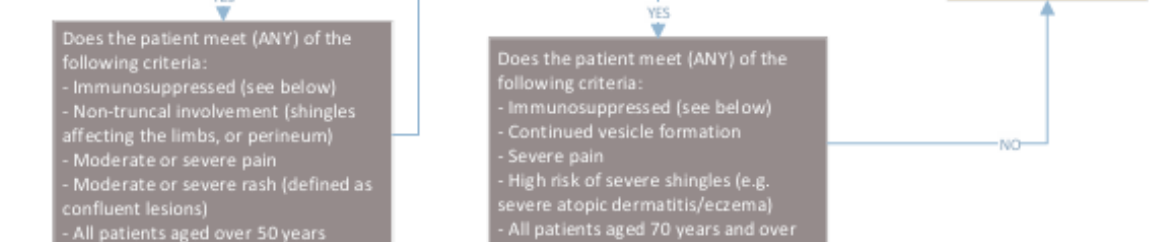
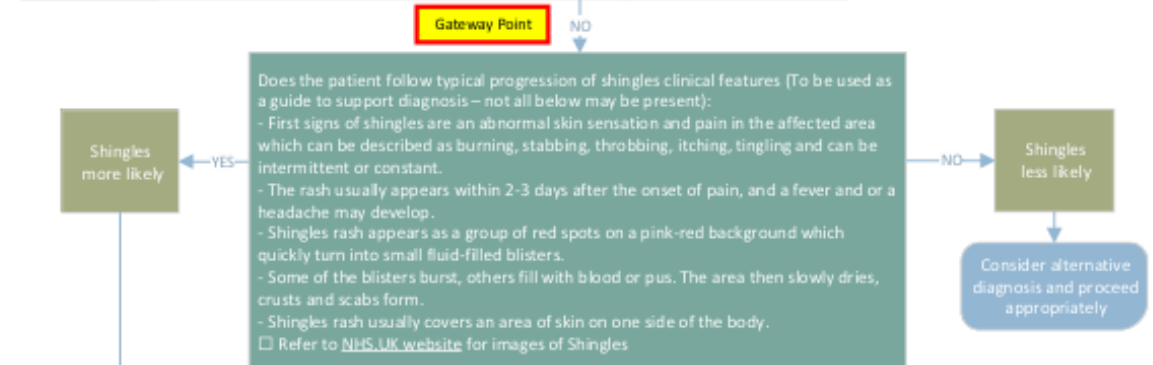
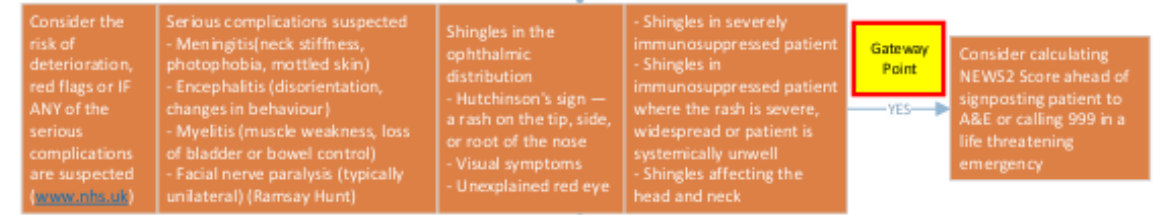
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Link to NICE CKS

Shingles
(for adults aged 18 years and over)
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Patient presents with signs and symptoms of shingles



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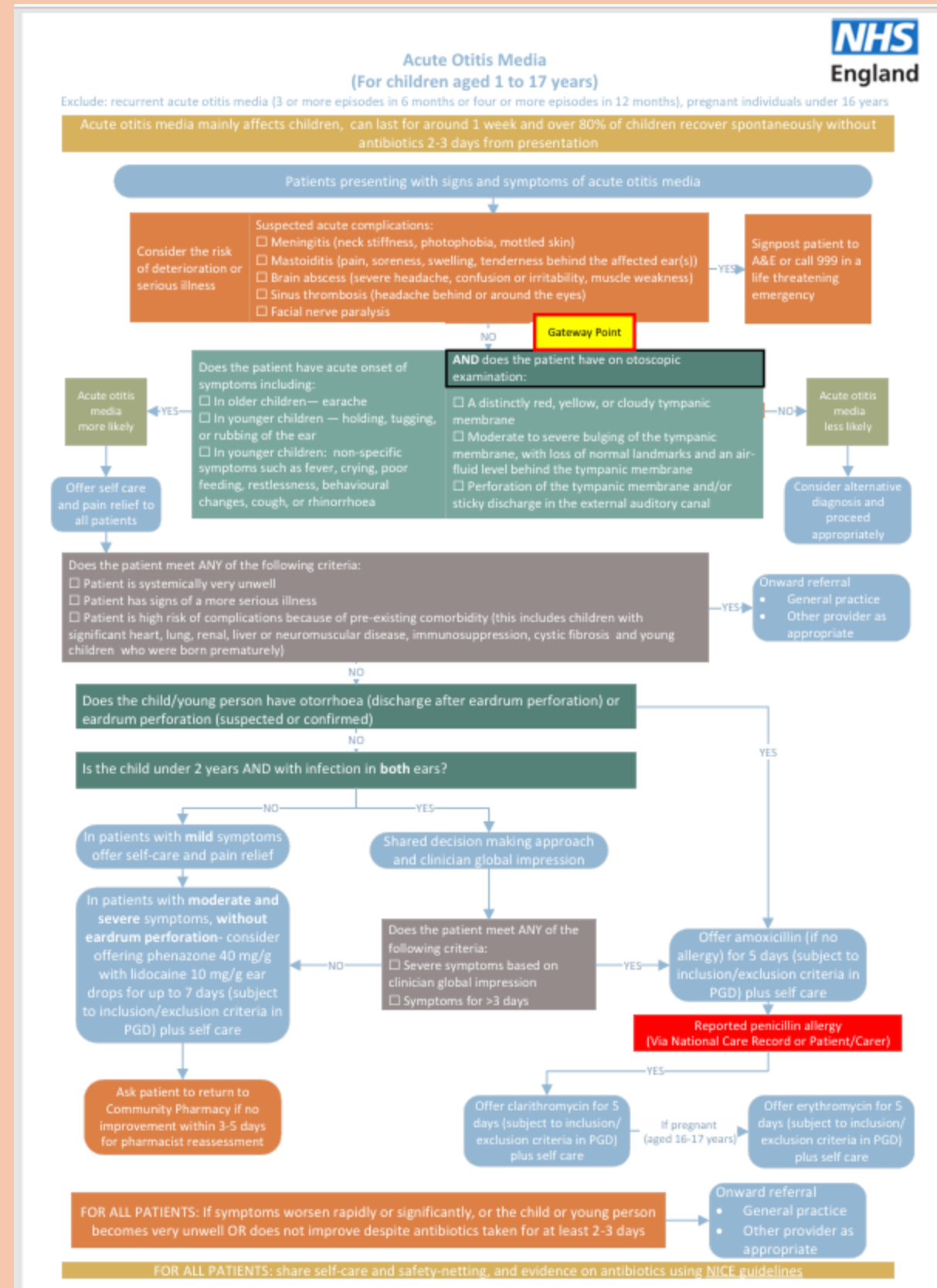
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