

Emergency Hormonal Contraception (EHC): Additional Support Services

In response to Emergency Hormonal Contraception (EHC) being made available through the Pharmacy Contraception Service, we are pleased to share links to relevant local information and support resources. These align with the provisions outlined in the [NHS Pharmacy Contraception Advanced Service Specification](#), ensuring access to care and guidance in our community.

Area within the NHS Pharmacy Contraception Service Specification	Description of locally available service	Service Provider(s) and Contact Details
Service Description 4.18	Local safeguarding process	<p>Children:</p> <p>For children under 13 years or a child at immediate risk of harm, refer to your safeguarding procedures and report your concern using the professional online referral portal.</p> <p>Call HCC’s children’s social care 0300 123 4043 for urgent out of hours safeguarding support.</p> <p>Adults:</p> <p>Visit the HCC website here to report a concern about an adult. Call 0300 123 4042 if urgent or out of hours.</p> <p>Call 999 if someone is in immediate danger or a crime is being committed.</p>
Consultation 4.20, 4.21, 4.23	Long-Acting Reversible Contraception (LARC)	<p>Where to signpost for LARC:</p> <p>GPs: Many fit Long-Acting Reversible Contraception (coils and implants) within their practice. Check with practice directly.</p> <p>Sexual Health Hertfordshire: Clinics in Hatfield, Stevenage and Watford. Details and booking via the Sexual Health Hertfordshire website or call 0300 008 5522.</p>

		<p>MSI: Contraception Clinic in Watford. Online appointment booking and further information via the MSI website</p> <p>Contraception Choices is a useful website containing information and videos on various contraception methods.</p>
<p>Consultation 4.23</p>	<p>Free condoms</p>	<p>Condom wallets:</p> <p>Free condom wallets are available from participating pharmacies to people 13 years and above including those accessing EHC and/or Chlamydia/Gonorrhoea testing. Contains 6 regular condoms. Lubrication sachets also available.</p> <p>There is an interactive map to find the nearest distribution point.</p> <p>Other sources of free condoms:</p> <p>Sexual Health Hertfordshire</p> <p>Getit.org.uk (online postal service managed by Metro Charity)</p> <p>Hertfordshire Services for Young People</p> <p>Some Healthy Hubs</p>
<p>Consultation 4.23</p>	<p>Chlamydia/Gonorrhoea testing (dual testing)</p>	<p>Dual Testing Services</p> <p>A dual test is used by an individual to test for Chlamydia and Gonorrhoea. Anyone over the age of 15 can access a dual test if they do not have symptoms, and a dual test should be offered to those coming into the pharmacy to access Emergency Hormonal Contraception (EHC).</p> <p>There is an interactive map to find the nearest service.</p> <p>For those that cannot collect a kit from a local provider, there are the following options:</p> <ul style="list-style-type: none"> • Order a Chlamydia and Gonorrhoea testing kit from Get It (getit.org.uk) • Order a testing kit for Chlamydia, Gonorrhoea, HIV and Syphilis from (sh24.org.uk) • Contact Sexual Health Hertfordshire on 0300 008 5522 for more information <p>If symptomatic:</p>

		For those experiencing symptoms of an STI, they can visit a sexual health clinic by booking an appointment through 0300 008 5522 .
Service description Consultation 4.23	Diagnosis and management of STIs	Sexual Health Hertfordshire offer a range of free and confidential services including emergency contraception, STI testing and treatment and HIV testing, treatment and support. Clinics are located in Stevenage, Hatfield and Watford. Check the website for more details. One day clinics are also available in Cheshunt and Elstree and walk-in clinics for those 21 years and under. Phone: 0300 008 55 22
Service description Consultation 4.24	Healthy weight/weight management services	Healthy weight: Where appropriate, people attending can also be signposted to services to support them to maintain a healthy weight. More details can be found on the Health in Herts website as well as the local provider, TBC Healthcare .
Service description Consultation	Stop Smoking Services	Stop Smoking: If a person indicates that they are a current smoker during consultation, a referral for support to stop smoking may be appropriate. More information about the different options available can be found on the Health in Herts website. If the pharmacy does not provide a Stop Smoking Service directly, then there is an interactive map to support with locating the nearest available service.